

Gopi Birla Memorial School (Primary Section)

Year Plan 2023 - 24

Subject : Physical Education

Grade : 2

Sr. No.	Month	Activity	Venue	Equipment
1	April	Ram Ram Bhaiya, Dog and the Bone	Terrace Hall, Terrace	None Chalk & Bean Bag
2	June	Target Game King of the Circle Thumbs Up (Recreation Game)	Class Room, Hall Hall, Terrace Class Room	Bean Bag, Target Board, etc. Chalk Music System
3	July	Chess Langadi Snakes & Ladder, Ludo	Class Room, Hall Hall, Terrace Class Room, Hall	Chess Board & Chess Pieces None Snakes & Ladder, Ludo Board & Pieces
4	August	Circle Dodge Ball Dog And The Bone Suryanamaskar	Terrace Hall, Terrace Hall, Terrace	Small Ball (Volleyball) Chalk & Bean Bag None
5	September	March Past (Attention, Stand At - ease, Right Turn & Left Turn) Mass P.T. Exercise, Suryanamaskar P.E. Practical Exam (First Term)	Hall, Terrace Hall, Terrace Hall, Terrace	None None None
6	October	P.E. Practical Exam (First Term)	Class Room, Hall Terrace	None
7	November	Hopping (Langadi) Domes and Dishes / Treasure hunt game	Hall, Terrace Hall, Terrace	None Plastic Cones, Plastic Dish, etc.
8	December	Ram Ram Bhaiya (Recreation Game) Sports Day Race Practice	Terrace Terrace	None As per the requirement
9	January	Circle Kho - Kho Sports Day Race Practice	Terrace Terrace	Chalk As per the requirement
10	February	Mass P.T. Exercise, Yogasan, Suryanamaskar Practice & Practical Exam (Second Term)	Class Room, Hall Terrace	None
11	March	PA4		